

Is it free? Yes it's absolutely free.

Is it safe/secure? Yes it is password protected and no one can view your information without the password. You will be able to set up your own username and password. Its protected by an SSL security certificate ...it would be similar to signing into your online bank account

What type of information will I have access to?

- Summary of your recent hospital visit
- Conditions from recent inpatient stay
- Home medications
- Allergy list
- Information and education provided to you during your hospital stay
- Lab results

Do you still give me printed copies of my discharge papers? Yes, we will still provide you with printed discharge papers. The online portal is an easy online version of those items that you can use to manager your own care. If you lose a paper or your medications change, you can easily update them online. Then you can have an up to date record at your fingertips. You can print the information and take it to you physician as well.

Why should I use it if you give me printed papers? If you lose a paper or your medications change, you can easily update them online. Then you can have an up to date record at your fingertips. You can print the information and take it to you physician as well.

Can I see my health record from my physician's office as well?

Currently you will only see your inpatient visit information. Soon we will have a portal that will allow you to view your health records from your physicians office, make appointments with your physician, fill prescriptions and more.

My spouse and I have the same e-mail address. Can we both use the same e-mail account?

Yes, you and your spouse can share an email. If your email is used as the username the spouse will need to create a different username.

What type of lab results can I view?

All lab results will be posted in your online account.

Can I obtain a complete copy of my medical record through the portal?

If you are in need of your complete record, please call the Medical Records Department at 724-223-3160.

Can I use it on my phone too? (or is there an app?)

You can also install the free FollowMyHealth app from the iTunes App Store or Google Play marketplace store. Search for "FollowMyHealth" to find the app. (ALL ONE WORD) Once you have the FollowMyHealth app, you can choose to specify certain notifications be sent via text messaging on your mobile phone. Text messages do not contain protected health information.